

Do you owe your energy supplier money?

There are steps you can take.

1. If you need help managing your debts, contact Citizens Advice
2. Speak to your energy supplier to find out your options
3. Ask your energy supplier if they offer any support grants
4. Check if you can get a grant from a charity or trust
5. Look for grants or support schemes run by your local council

To speak to a debt adviser call the Citizens Advice debt helpline on 0800 240 4420.



citizens
advice



**energy
saving
trust**

Lines are open 9 to 5,
Monday to Friday
(except public holidays).

Relay UK: dial 18001
followed by 0808 223 1133.